How to make your chatterbox

1. Cut along the dashed lines
2. Place the coloured side face down on a table.
3. Fold the corners back into the middle.
4. Turn the page over and repeat. Fold all the corners back into the middle.
5. Make the final creases by folding the square in half. Then open the outside feelings.
6. Use your chatterbox by placing your thumbs and index finger into the coloured holes.
7. To play, ask someone to pick a feeling. Then move the chatterbox back and forth to spell out the letters of their feeling.
8. Now ask them to pick a number. Move the chatterbox and count out their number. You can repeat this one more time. Count out their number again.
9. Ask them to pick their last number and read out the request under it.
10. Take turns and ask more people to join in.

Imagine I fell over and hurt my knee. What would you say and do?

Show me what you look like when you are getting sad.

Show me how someone would feel if something jumped out and scared them.

Act out what you would do if someone in your class dropped all their books?

What are 3 things you feel this way? When do you feel anxious? When do you get stressed or notices when you see your best friend won the race, and you came second. Show me how you feel and tell me what you would say to your friend?